

This is to certify that

Mark Cera

has fulfilled the requirements for

SIS40215 Certificate IV in Fitness

S. Stanley

Sue Stanley
CEO

27/07/2018

eFitAcademy
RTO No. 22030



Certificate Number: 07063

Record of Results

Mark Cera

SIS40215 Certificate IV in Fitness

Year	Unit of Competency	Mark
2018	SISFFIT015 Collaborate with medical and allied health professionals in a fitness context	C
2018	SISXCCS003 Address client needs	C
2018	SISFFIT025 Recognise the dangers of providing nutrition advice to clients	C
2018	SISFFIT026 Support healthy eating through the Eat for Health Program	C
2018	SISFFIT018 Promote functional movement capacity	C
2018	SISFFIT019 Incorporate exercise science principles into fitness programming	C
2018	SISFFIT021 Instruct personal training programs	C
2018	SISFFIT017 Instruct long term exercise programs	C
2018	SISXCAI005 Conduct individualised long term training programs	C
2018	SISFFIT023 Instruct group personal training programs	C
2018	SISXRES001 Conduct sustainable work practices in open space	C
2018	SISFFIT024 Instruct endurance programs	C
2018	SISFFIT020 Instruct exercise programs for body composition	C
2018	SISFFIT016 Provide motivation to positively influence exercise behaviour	C
2018	SISSTC402A Develop strength and conditioning programs	C
2018	SISFFIT013 Instruct exercise to young people aged 13-17 years	C
2018	BSBSMB401 Establish legal and risk management requirements of small business	C
2018	BSBSMB403 Market the small business	C
2018	BSBSMB404 Undertake small business planning	C
2018	BSBSMB405 Monitor and manage small business operations	C

These units / modules have been delivered and assessed in English

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